



Josh Viljoen

Former Operations Manager,
The Food Co-op



WHAT IS / WHO ARE THE FOOD CO-OP?

- Affordable, ethical and sustainable products in bulk
- 'Food for people, not for profit'
- Member run and owned!

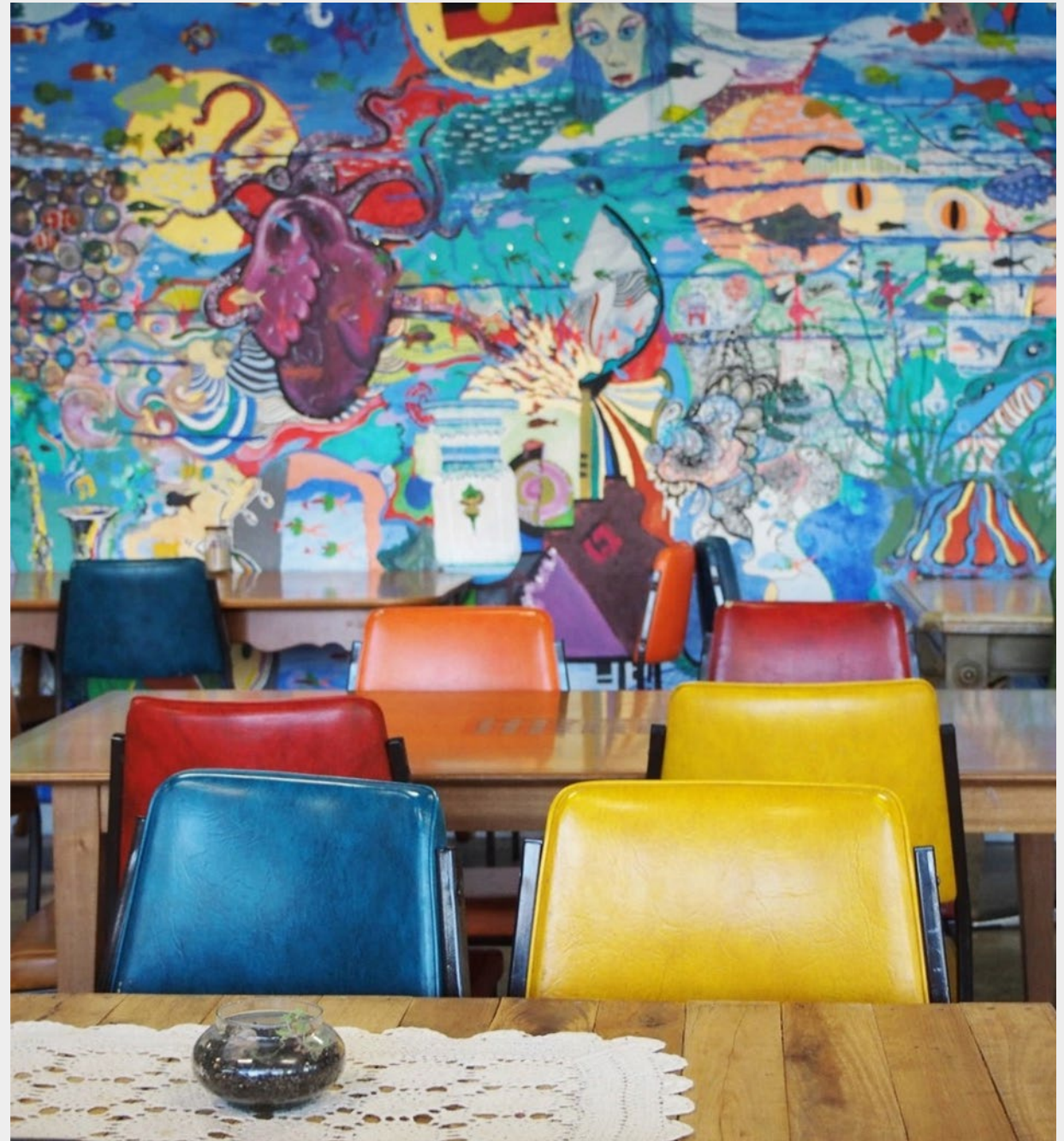
HOW DID THE FOOD CO-OP START?

- 1976 - We are the oldest food co-op in Australia!
- A “buyer’s group” which turned into a cooperative
- ANU students who were enthusiastic and driven to provide nutritious and fairly produced food, at a low price.



WHY IS OUR VOLUNTEER EXPERIENCE UNIQUE?

1. We are driven by our vision of a just and sustainable food future! Our Co-op is full of interesting people keen to make this happen.
2. A genuinely collaborative, immersive, and even addictive working environment - once you start volunteering, you may find it is very hard to stop!
3. We design activities to suit you! You can volunteer autonomously or within a team. You even have the opportunity to create and deliver your own project.





WHAT COULD YOU ACHIEVE?

As an intern:

- Network Intern - build meaningful relationships with external communities such as organic farmers, other grassroots organisations and the Aboriginal Tent Embassy
- History Intern - We have many stories to tell as the oldest food co-op in Australia. Help share our history!
- Food Education Intern - organise a program or campaign to educate students on healthy food

Being on a team:

- Cafe and Shop Coordinating - have fun while helping out in our store and serving food.
- Product Researcher - find products requested by members and measure them across our criteria.
- Preserving Team - learn how to preserve different kinds of fruits and vegetables!
- Plus loads more, visit our website!

HOW CAN I GET INVOLVED?

Email workers@cbrfoodcoop.org.au to see our current opportunities for Working Members aka “volunteers”.

